



NEWS

august 29 2010

Get Unplugged!

Join us for Garden Unplugged at 9:00 at The Garden at Oak Hill. At Garden Unplugged, your conversation becomes part of the service. Last week we talked about what it means to be "home." What is "home?" This week we'll talk about the winding roads in life's journey. We invite you to join us for coffee, muffins, music and casual conversation.



To be a part of this exciting new project or for more information, see Karlene Abram (kkabram2003@yahoo.com), Stan Abell (stanley@thebluevinecollective.org), or Matt Peyton (matt@thebluevinecollective.org).



Dear Gardeners,
Thank you so much for your recent gift of \$6,505 to Gleaners Food Bank of Indiana. It's hard work right now, helping us provide food to your neighbors in need—children,

hardworking families, seniors, and others for whom life is a daily struggle to survive.

I wish you could hear the expressions of thanks we get from hungry people laboring under the weight of today's difficult economy. Because of your generosity, Gleaners is able to provide them with nutritious food through children's programs, mobile meal programs, homeless shelters, senior citizens' centers, soup kitchens, emergency food pantries, and other local agencies.

On behalf of all those who are not able to thank you personally, I offer my sincere gratitude. Your selfless commitment is making a positive difference in so many lives.

Warm regards,
Wendy Hatch
Donor Liaison



Be a fan of The Garden on facebook! To find The Garden go to www.facebook.com/virtualgarden. If you don't already have a facebook page, it is fun and easy to set up!



The Bluevine Collective: This week Lisa Maas explores the source of our pet peeves. In addition, read Stan's post on "Winding Roads" where George Strait, Robert Frost, M. Scott Peck and Stan have a lively discussion about which path in life to take. (www.thebluevinecollective.org).



Calling All Singers! The Oak Hill Band is in need of experienced singers to do back-up and lead vocals. If you love to sing and want to use your talent to inspire others, this may be the spot for you! Contact Steve Whipkey for a simple audition, at swhipkey@in-motion.net.

Community Focus for 3rd Quarter 2010 is Health and Wellness

Yoga Class for Everyone is taught on **Tuesdays, 6-7pm** in St. Luke's UMC Modular Building. Contact vlhague@sbcglobal.net or 607-4764 for more info.



2010 Indianapolis Start! Heart Walk: Join Team Garden on **Saturday, September 18th** as we support the American Heart Association's 2010 Indianapolis Start! Heart Walk. Choose the three-mile family fun walk or a one-mile route around White River State Park in downtown Indianapolis. **To join the The Garden's team** go to heartwalk.kintera.org/indy/thegarden. Opening ceremonies of the Indianapolis Start! Heart Walk begin at 9:30am on September 18 at Celebration Plaza, White River State Park. Email Beth at friedb@stlukesumc.com for more info.



The St. Luke's United Methodist Church Spiritual Life Center promotes the evolving journey of the mind, body and spirit. It is both a physical place and a source for year-round program opportunities. The physical place is adjacent to Robertson Chapel, contains a library for community use, comfortable seating for quiet time, reading and reflection and a meeting area.

The programming of the Spiritual Life Center consists of offerings in prayer and meditation, spiritual formation, the Expressive Arts, and healing. You can walk both an inside and outside labyrinth, go to yoga classes, study spiritual writings, have a hands-on healing session, uncover the spiritual messages in secular movies or attend other workshops and classes. All are open to the entire community.

For more info and a schedule of programming visit stlukesumc.com/ministries/slc.

Watering can donations keep The Garden growing. Thanks for sharing what you can!

Would you like to lend your time and talent to The Garden? There are many opportunities for you to get more involved! For more information on anything listed in this newsletter or other fun and rewarding events, log on to thegardenonline.org.